

2015 Advent Series

Jesus Brings ...

Contentment





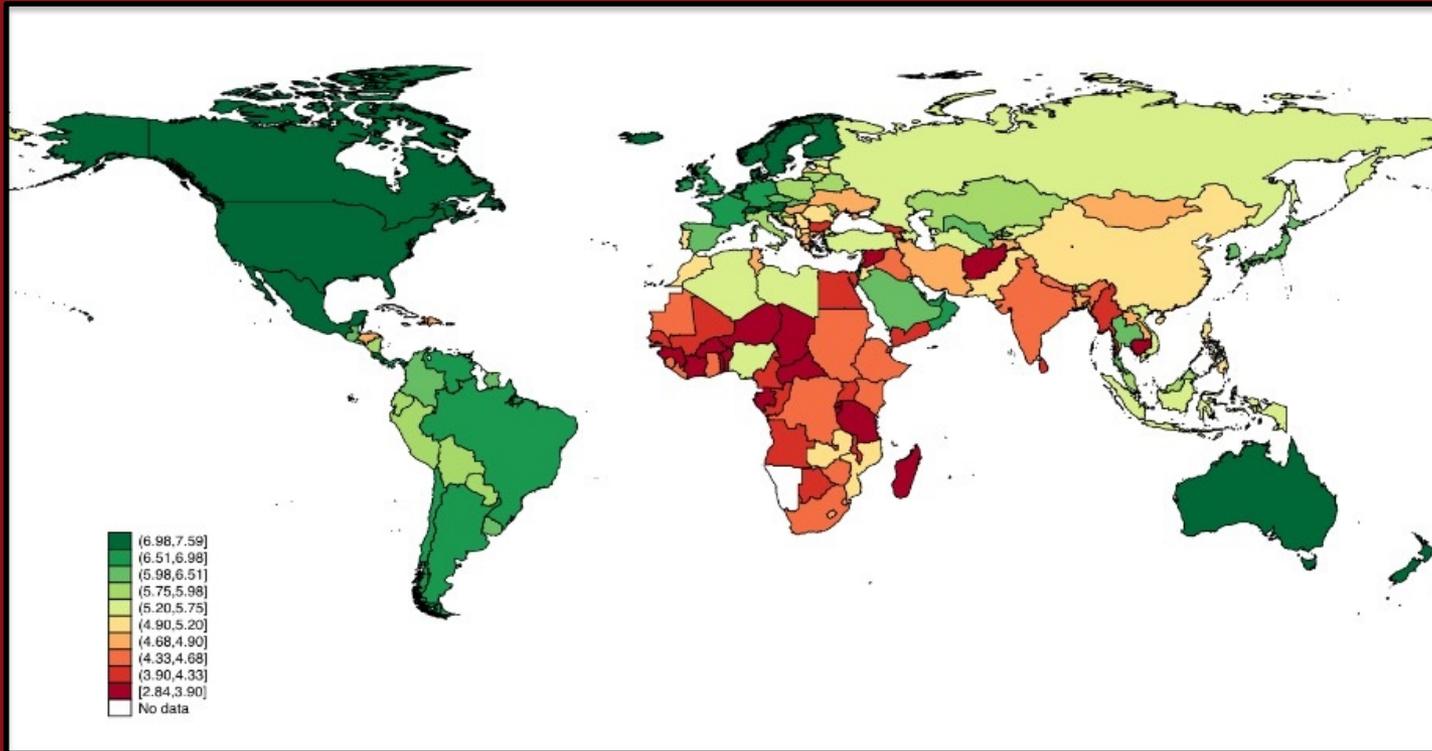
World Happiness Report 2015

- Economic activity per head
- Healthy years of life expectancy
- Social support
- Trust
- Freedom to make life decisions
- Generosity





World Happiness: Few Surprises



<http://worldhappiness.report>



World Happiness Report 2015

Question:

Where does the UK come in the ranking?



21st





Taking ownership of your happiness

Ten keys to happier living

GIVING		DIRECTION	
RELATING		RESILIENCE	
EXERCISING		EMOTION	
APPRECIATING		ACCEPTANCE	
TRYING OUT		MEANING	





Taking ownership of your happiness

- Be part of something bigger that gives purpose and meaning
- Become comfortable with who you are
- Notice the world around you
- Connect with people
- Do things for others





Paul: Content whatever the Circumstances

“

I'm glad in God, far happier than you would ever guess ... Actually, I don't have a sense of needing anything personally.

I've learned by now to be quite content whatever my circumstances... I've found the recipe for being happy ... I can make it through anything in the One who makes me who I am. alongside me in my troubles.

”

Philippians 4:10-14 The Message (MSG)





Introducing ...





But all had life changing encounters with Jesus



*"I'm bursting with God-news;
I'm dancing the song of my
Saviour God.*

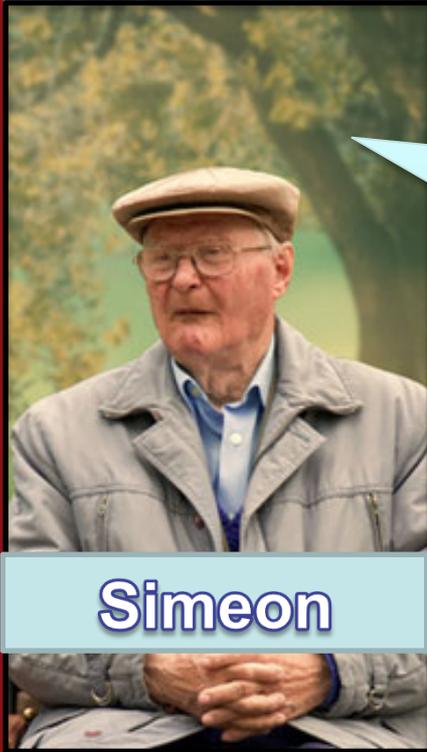
*God took one good look at me,
and look what happened - I'm
the most fortunate woman on
earth!*

*What God has done for me will
never be forgotten"*





But all had life changing encounters with Jesus



*"God, you can now release
your servant;
release me in peace as you
promised.
With my own eyes I've seen
your salvation"*





But all had life changing encounters with Jesus



*“Master, I give away half my income to the poor —
and if I’m caught cheating, I pay four times the damages.”*





No time to discuss





My Story





How will you respond?





The Light

An Invitation...

.... to our Christmas Presentation
Sunday 20 December at 6pm

A great occasion to bring your friends and family